Haribhai V. Desai College, Pune Department of Political Science

Notice

Short Term Course on Personality Development

Date: 25/11/2019

Dear Students,

The Department of Political Science is pleased to announce our upcoming "Short Term Course on Personality Development." This course is designed to help you enhance your personal and professional skills, empowering you to present the best version of yourself to the world.

Resource Person

Dr. Neeta Bokil, Mr. Ninad Kulkarni, Mr. Deepak Jadhav & Dr. Wahida Shaikh.

Course Details

Duration: 02/12/2019 to 10/12/2019

Eligibility: Open to all students

Venue: Commerce Lab

Registration Deadline: 30/11/2019

Course Highlights

- Self-awareness and self-assessment.
- > Effective communication and interpersonal skills.
- > Building confidence and self-esteem.
- > Time management and goal setting.
- Leadership and teamwork.
- > Etiquette and professional conduct.

Why Personality Development Matters

Personality development encompasses the development of essential life skills that contribute to personal and professional success. This course will help you build confidence, improve communication, and foster positive relationships, making it a valuable investment in your future.

For registration, visit the Department of Political Science.

Dr. Neeta Bokil

Head
Department of Political Science
Haribhai V. Desai College, Pub. -2
(Commerce, Arts & Science)

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Principal
H. V. Desai College,
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Pune-2.

Department of Political Science

Short Term Course on Personality Development

Course Proposal

Introduction:

The "Short Term Course on Personality Development" is a comprehensive program designed to empower individuals with the knowledge and skills necessary to enhance their personal and professional growth. In an era marked by rapid changes, evolving workplaces, and dynamic social interactions, the importance of fostering a well-rounded personality cannot be overstated. This course aims to provide students with the tools they need to unlock their potential and develop the attributes that will enable them to thrive in various aspects of life.

Significance of the Course:

Personality development is not solely about improving outward appearances; it encompasses the holistic growth of individuals. The significance of this course can be encapsulated in several key points:

- 1) Enhanced Self-Awareness: The course encourages self-reflection and self-assessment, helping individuals gain a deeper understanding of their strengths, weaknesses, and personal attributes. This self-awareness forms the foundation for personal growth.
- 2) Effective Communication: The ability to communicate effectively is a cornerstone of success in personal and professional life. This course equips students with the skills needed to articulate their thoughts, engage in meaningful conversations, and build positive relationships.
- 3) Building Confidence: Confidence is a key element in realizing one's potential. By providing techniques and strategies to build and maintain confidence, the course empowers individuals to take on challenges and achieve their goals.
- 4) Time Management and Goal Setting: Time management is a vital skill in a fast-paced world. Participants will learn effective time management techniques and goal-setting strategies to make the most of their time and achieve their objectives.
- 5) Leadership and Teamwork: Leadership is about inspiring and guiding others, while teamwork is about collaboration. This course offers insights into leadership principles and the dynamics of working effectively within a team.
- 6) Etiquette and Professional Conduct: Understanding etiquette and professional conduct is essential, especially in the workplace. Participants will learn the social norms and professional behaviour expected in different settings.

Course Outcomes

- 1) Enhanced Self-Awareness: Participants will gain a deeper understanding of their personal strengths, weaknesses, and attributes, leading to increased self-awareness.
- 2) Effective Communication: Students will develop the skills needed to communicate effectively, express ideas clearly, and engage in meaningful conversations.
- 3) Confidence Building: This course will empower individuals to build and maintain confidence, enabling them to take on challenges and achieve their goals.
- 4) Time Management: Participants will learn effective time management techniques, enabling them to make the most of their time and meet deadlines efficiently.
- 5) Goal Setting: Students will be able to set SMART (Specific, Measurable, Achievable, Relevant, Time-bound) goals and create action plans to achieve them.

- 6) Leadership Skills: This course will provide insights into leadership principles, allowing students to inspire and guide others effectively.
- 7) **Teamwork and Collaboration:** Participants will understand the dynamics of effective teamwork and collaboration, which are vital in both personal and professional settings.
- 8) Etiquette and Professional Conduct: Students will learn the social norms and professional behaviour expected in different settings, enhancing their interpersonal relationships and professional image.
- 9) Conflict Resolution: This course will equip individuals with the skills to manage and resolve conflicts in a constructive and mutually beneficial manner.
- 10) Personal Growth: By the end of the course, participants will experience personal growth, gaining the attributes necessary for success in their personal and professional lives.

Syllabus of the Course

Module 1: Self-Awareness and Personal Growth

- 1) Understanding Self: Exploring personal strengths and weaknesses, values, and beliefs.
- 2) Self-Assessment Tools: Introduction to self-assessment tools for self-awareness.
- 3) Emotional Intelligence: Developing emotional intelligence for effective self-management and relationships.
- 4) Self-Improvement Strategies: Techniques for personal growth and self-improvement.

Module 2: Effective Communication Skills

- 1) Verbal Communication: Enhancing verbal communication skills, including articulation and active listening.
- 2) Non-Verbal Communication: Understanding body language, facial expressions, and gestures.
- 3) Interpersonal Communication: Building rapport, resolving conflicts, and maintaining positive relationships.
- 4) Public Speaking and Presentation Skills: Developing confidence and competence in public speaking.

Module 3: Confidence Building and Self-Esteem

- 1) Building Self-Confidence: Techniques to overcome self-doubt and develop self-assurance.
- 2) Self-Esteem and Self-Worth: Understanding the role of self-esteem in personal and professional success.
- 3) Assertiveness Skills: Strategies for assertive communication and standing up for one's rights.
- 4) Handling Rejection and Criticism: Coping mechanisms for managing rejection and criticism constructively.

Module 4: Time Management and Goal Setting

- 1) Time Management Strategies: Effective time management techniques and tools.
- 2) Prioritization and Planning: Setting priorities and creating daily, weekly, and long-term plans.
- 3) SMART Goal Setting: Defining Specific, Measurable, Achievable, Relevant, and Timebound goals.
- 4) Action Planning: Developing action plans to achieve goals and objectives.

Module 5: Leadership, Teamwork, and Professional Conduct

- 1) Leadership Principles: Understanding leadership styles, qualities, and effective leadership strategies.
- 2) Team Dynamics: Exploring the dynamics of teamwork, collaboration, and conflict resolution.
- 3) Professional Etiquette: Learning professional etiquette, networking, and business conduct.
- 4) Workplace Ethics: Understanding and applying ethical principles in professional settings.

Tentative Schedule

Sr. No.	Particulars	Date	Resource Person
1	Introduction to Self-Awareness and Personal Growth	02/12/2019	Dr. Neeta Bokil
2	Self-Assessment Tools for Self-Awareness	02/12/2019	Dr. Neeta Bokil
3	Developing Emotional Intelligence	02/12/2019	Dr. Neeta Bokil
4	Self-Improvement Strategies	03/12/2019	Mr. Ninad Kulkarn
5	Enhancing Verbal Communication Skills	04/12/2019	Mr. Deepak Jadhav
6	Understanding Non-Verbal Communication	04/12/2019	Mr. Deepak Jadhav
7	Building Interpersonal Communication Skills	04/12/2019	Mr. Deepak Jadhav
8	Public Speaking and Presentation Skills	05/12/2019	Mr. Deepak Jadhav
9	Building Self-Confidence	05/12/2019	Mr. Ninad Kulkarni
10	Understanding Self-Esteem and Self-Worth	05/12/2019	Mr. Ninad Kulkarni
11	Assertiveness Skills	06/12/2019	Dr. Neeta Bokil
12	Coping with Rejection and Criticism	06/12/2019	Dr. Neeta Bokil
13	Effective Time Management Strategies	07/12/2019	Mr. Ninad Kulkarni
14	Prioritization and Planning	07/12/2019	Mr. Ninad Kulkarni
15	SMART Goal Setting	09/12/2019	Dr. Wahida Shaikh
16	Developing Action Plans for Goal Achievement	09/12/2019	Dr. Neeta Bokil
17	Understanding Leadership Principles	09/12/2019	Dr. Neeta Bokil
18	Exploring Team Dynamics and Collaboration	10/12/2019	Dr. Neeta Bokil
19	Professional Etiquette and Business Conduct	10/12/2019	Mr. Ninad Kulkarni
20	Workplace Ethics	10/12/2019	Dr. Wahida Shaikh

Conclusion

In closing this proposal for the "Short Term Course on Personality Development," we reflect on the immense potential this course holds in shaping the personal and professional growth of our students. Through a meticulously designed curriculum, this course seeks to instil essential life skills that transcend the boundaries of the classroom and empower individuals to become their best selves.

The significance of this course goes beyond the acquisition of knowledge and skills; it encompasses personal transformation and empowerment. We anticipate that upon successful completion of this course, students will not only exhibit greater self-awareness, effective communication, and confidence, but they will also possess the ability to set and achieve their goals, lead with integrity, and collaborate effectively in teams.

This course aligns perfectly with the evolving demands of the modern world, where individuals with well-rounded personalities are often the most successful. It equips participants with the tools they need to navigate life's challenges and seize opportunities with confidence and purpose.

Dr. Neeta Bokil

Head
Department of Political Science
Haribhai V. Desai College, Pune-2
(Commerce, Arts & Science)

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Haribhai V. Desai College, Pune Short Term Course on Personality Development

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Haribhai V. Desai College, Pune Short Term Course on Personality Development

Roll No.	Name of the	2/12/19	3/12/19	4/12/19	5/12/19	6/12/19	7/12/19	9/12/19	10/12/19
	Student								
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Short Term Course on Personality Development

Roll No.	Name of the	2/12/19	3/12/19	4/12/19	5/12/19	6/12/19	7/12/19	9/12/19	10/12/19
	Student					71			Worlds
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Short Term Course on Personality Development

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Short Term Course on Personality Development

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Short Term Course on Personality Development

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Short Term Course on Personality Development

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	Student								
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Short Term Course on Personality Development

Roll No.	Name of the	2/12/19	3/12/19	4/12/19	5/12/19	6/12/19	7/12/19	9/12/19	10/12/19
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Department of Political Science

Short Term Course on Personality Development

REPORT

Introduction:

The "Short Term Course on Personality Development" was organized by the Department of Political Science at Haribhai V. Desai College, Pune with the aim of equipping participants with essential life skills and attributes for personal and professional growth. This course, spanning from 02/12/2019 to 10/12/2019, witnessed the active participation of 45 enthusiastic students who embarked on a journey of self-discovery and personal development.

Course Highlights:

The course consisted of a series of engaging sessions and activities, addressing key aspects of personality development as outlined in the syllabus. Students delved into self-awareness, effective communication, confidence building, time management, leadership, and professional conduct, among other important skills. The course provided a dynamic learning environment that encouraged students to apply their knowledge practically.

Assessment of Performance:

Throughout the course, students were evaluated based on their active participation, engagement in discussions, and the application of concepts in various activities. Regular assessments, including quizzes and group projects, allowed participants to showcase their understanding of the course material. These assessments were designed to gauge their growth in areas such as communication skills, self-confidence, and leadership abilities.

Activities and Practical Learning:

The course emphasized practical learning through a variety of activities, including role-playing, public speaking exercises, group projects, and workshops. Students actively participated in these activities, enabling them to apply the skills and concepts they had learned. The activities also encouraged collaboration, problem-solving, and critical thinking.

Participant Feedback:

The feedback received from participants was overwhelmingly positive. Students expressed their appreciation for the interactive and practical nature of the course. Many cited specific improvements in their communication, confidence, and interpersonal skills. They highlighted the value of the course in their personal and academic lives, and some shared their plans to apply their newfound skills in various situations.

Conclusion:

The "Short Term Course on Personality Development" was a resounding success, with students actively engaging with the course material, participating in practical activities, and demonstrating their personal growth. The positive feedback from participants indicates that the course was effective in fostering self-awareness, enhancing communication skills, and instilling self-confidence.

Dr. Neeta Bokil

Head
Department of Political Science
Haribhai V. Desai College, Pune-2
(Commerce, Arts & Science)





HARIBHAI. V. DESAI COLLEGE OF ARTS, SCIENCE & COMMERCE, PUNE.

Short-Term Course Assessment Methodology.

1.	COURSE INFORMATION	
	Name of the Course:	Short Term Course on Personality Development
	Duration of the course:	48 Hours
	Dates of Conduct of course	From 02/12/2019 to 10/12/2019
	(from – to)	
	Name of Department:	Political Science
	Course Coordinator	Dr. Neeta Bokil
2.	OBJECTIVES OF COURSE: (2 TO 3)	 Enhance self-awareness and understanding of personal strengths and areas for development. Develop effective communication, interpersonal, and leadership skills. Cultivate strategies for goal-setting, time management, and overcoming obstacles to personal growth.
3.	OBJECTIVES OF EVALUATION:	 To assess the overall effectiveness of the course. To assess the skill/values/knowledge component understood by the students. To evaluate the relevance of the course understood by the student.
4.	ASSESSMENT METHODOLOGY	·
	Initial Assessment Method	Group Discussion
	Date of final Assessment of the course:	12/12/2019
	Total Time for examination	1.5 Hours
	Total marks:	50
	Total number of questions	Objective: 20 Questions for 20 Marks
	with weightage	Subjective: 06 Question for 30 Marks
		Practical/ hands-on: -
	Passing marks	20
	Rating scale (for grades)	45 & Above: O, 38-44: A+, 28-37: A, 25-28: B, 20-24: C, Below 20: F
	Date of declaration of result:	16/12/2019

MBKI.

Dr. Neeta Bokil

Head

Department of Political Science Haribhai V. Desai College, Pune-2 (Commerce, Arts & Science)





THE POONA GUJARATI KELVANI MANDAL'S

Haribhai V. Desai College of Arts, Science and Commerce, Pune

Certificate of Completion

This is to certify that ___BHAVESH_NANNAWARE_

Class: _E.Y.B.A._ has successfully completed the Short-Term Cours of Personality Development 48 hours on conducted by the
Department of Political Science from 02/12/2019 to 10/12/2019.

He/ She has secured __42/50 _ Marks and ___A+__ _ Grade i
the Exam conducted for this course.

Molal

Dr. Neeta Bokil
Head
Department of Political Science

Haribhai V. Desai College, Pane-2 (Commerce, Arts & Science)



Dr. Girish Pathade
Principal

H. V. Desai College,
(Commerce, Arts, Science) Pune-2.



THE POONA GUJARATI KELVANI MANDAL'S

Haribhai V. Desai College of Arts, Science and Commerce, Pune

Certificate of Completion

This is to certify that ____SHUBHAM BIRAIDAR

Class: _\$.Y.B.A._ has successfully completed the Short-Term Cours of Personality Development 48 hours on conducted by the Department of Political Science from 02/12/2019 to 10/12/2019.

He/ She has secured _37/50 _ Marks and _ A _ Grade i the Exam conducted for this course.

Model

Dr. Neeta Bokil

Head

Department of Political Science Haribhai V. Desai College Cure-2 (Commerce, Arts & Science) Sughwar political and the sugh war political and the sugh war political and the sugh and the sug

Dr. Girish Pathade Principal

H. V. Desai College, (Commerce, Arts, Science) Pune-2.



THE POONA GUJARATI KELVANI MANDAL'S

Haribhai V. Desai College of Arts, Science and Commerce, Pune

Certificate of Completion

This is to certify that ___AKSHAY_TAYADE.

Class: _S. Y.B.A._ has successfully completed the Short-Term Cours of Personality Development 48 hours on conducted by the Department of Political Science from 02/12/2019 to 10/12/2019.

He/ She has secured __49/50__ Marks and ___O___ Grade in the Exam conducted for this course.

Markil

Dr. Neeta Bokil

Department of Political Science
H. Shai V. Desai College, Pune-2
(Commerce, Arts & Science)



Dr. Girish Pathade Principal

H. V. Desai College, (Cammerce, Arts, Science) Pune-2.